



## January 2018 News & Updates

This Month: *Experiencing Now! & Partnering with Area Schools!*

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### Keeping The Balance Of Now.

I have a tendency in my western culture to live in the moment while planning for the next. I live on a perpetual treadmill of excited anxiousness for what's next. In a business sense, this is marketable wisdom; but in holistic living, it may cause anxiety as well as a plethora of other imbalances in life.



[READ: VICTORY FOR TODAY!](#)

### Service Spotlight: CHD in Community Schools!

At The Center for Human Development, we count it a privilege to provide a place where people can come and experience the hope and healing of therapy in a comfortable and private environment. One of the new realities of what we do however, is that there are only so many hours of the day, and people have work to steward and school to attend to.



[WHAT IS CHD DOING ABOUT IT?](#)

